

# 2023-2024 TTC Catalog

## CUL 230 Therapeutic Nutrition

Lec: 3.0 Lab: 0 Credit: 3.0

This is an introductory course to the study of diet therapy of an individual with a health problem, the etiology of the disease, and the necessary diet modifications to aid in restoring the individual's health.

### **Prerequisite**

CUL 103

and

CUL 118

### **Course Offered**

Spring

### **Grade Type**

Letter Grade

### **Division**

Culinary Institute of Charleston